

# LESSON 3

## Review of First and Second-Finger Reaches

Look at the first group of letters, *frf*. Close your eyes and mentally make the reaches.

Now type these reaches five times with your eyes closed.

Do this with each three-letter group.

*You are better than you think you are right now. Let's prove it.*

frf frf frf frf frf ftf ftf ftf ftf ftf fgf fgf fgf  
fgf fgf fbf fbf fbf fbf fbf fvf fvf fvf fvf fvf juj  
juj juj juj juj jyj jyj jyj jyj jyj jhj jhj jhj jhj  
jhj jnj jnj jnj jnj jnj jmj jmj jmj jmj jmj ded ded  
ded ded ded dcd dcd dcd dcd dcd kik kik kik kik kik  
k,k k,k k,k k,k k,k

## Review of First and Second-Finger Words

Mentally reach for the letters in each new word.

Type the word five times with your eyes closed.

fur fur fur fur fur fun fun fun fun fun gun gun gun gun  
gun gum gum gum gum gum guy guy guy guy guy buy buy buy  
buy buy but but but but but hut hut hut hut hut jut jut  
jut jut jut vug vug vug vug vug jim jim jim jim jim dim  
dim dim dim dim kid kid kid kid kid red red red red red  
cue cue cue cue cue my, my, my, my, my,



## Third-Finger Reaches

Your third finger, left hand, strikes *s* on home row, reaches up slightly left to *w* and down to bottom row slightly right to *x*.

Your third finger, right hand, strikes *l* on home row, reaches up slightly left for *o* and down to bottom row slightly right for period (.).

## Third-Finger Words

Type the following words as they appear.

Feel out the reaches before striking the keys.

After typing a new word once, try to speed up the typing on each repetition.

Pause briefly before exploring each new word.

lot lot lot lot lot sit sit sit sit sit wet wet wet  
wet wet tex tex tex tex tex co. co. co. co. co

*You are now beginning to build a memory pathway between your eyes and your fingers. When your eye sees a letter, the appropriate finger wants to move in the direction of that key. Pretty soon your fingers will do the walking through the keyboard while your mind remains in neutral.*

## **Drill on First, Second, and Third-Finger Words**

Type the following drill to test your memory pathway.

fur fur fur fun fun fun gun gun gun gum gum gum guy guy  
guy buy buy buy but but but hut hut hut jut jut jut vug  
vug vug jim jim jim dim dim dim kid kid kid red red red  
cue cue cue my, my, my, lot lot lot sit sit sit wet wet  
wet tex tex tex co. co. co.